

ATEEQ UL RASOOL

VILLAGE & P.O. TATRAL, DISTRICT CHAKWAL

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I seek a challenging position in a prestigious organization for my personal and professional growth.

PROFESSIONAL EXPERIENCE:

1. Working as an Advocate (High Court) at District Courts Chakwal, Lahore High Court (Rawalpindi Bench) and Islamabad High Court.
2. **Regular visitor as an Human Rights, Legal and Current Affairs Analyst and Speaker at different TV Channels including PTV News, Such TV, Kay 2 TV, Rose Tv.**
3. Hosted Daily Live Radio News Programme on Bol FM 88 Chakwal, Aj ki Khabar (Current Affairs).
Since 20 Oct 2015 till date.
4. Hosted Moashsra aur Qanoon weekly programme regarding Human Rights and legal Aid on Bol FM 88 Chakwal.
5. Legal Advisor FM 88 Chakwal and Market Committee Chakwal.
6. Member of District Vigilance Committee, Chakwal.
7. Member of District Committee of Child Welfare and development Chakwal.
8. Chairman Human Rights Committee year 2021-2022 District Bar Association Chakwal from Punjab Bar Council.
9. Member of three members subcommittee along with DO labour and DO social security performing monitoring visits regarding issues of bonded labour, child labour and implementation of Labour Laws in District Chakwal.
10. **Worked as National Child Rights Coordinator PODA Pakistan 2013-14.**
11. **Worked as District Coordinator PODA, Chakwal in project titled (Promoting Youth Development for Youth Empowerment and participation in Development). Project funded by (USAID)**
12. **Worked as Program Coordinator Child Rights PODA, Chakwal**
13. **Worked as Child Protection Field Officer with GODH, Lahore Project funded by (PLAN International)**
14. **Worked with LAAJ (Legal Aid & Justice for all) as Trainer.**

DOCUMENTARY/ NEWSPAPER ARTICLES ON CHILD RIGHTS:

- 1) I have made first ever documentary on Alternate dispute resolution courts, Chakwal. (ADR Courts). Received Appreciation Certificate from Worthy District and Session Judge Chakwal
- 2) I have filmed my poem to highlight different categories of street working children.
- 3) I have made a documentary on Street Children CRC/ GODH/ Plan Pakistan
- 4) I have made a Promo, GODH/ Plan Pakistan
- 5) Wrote 20 articles in local newspapers and website (human rights focused).
- 6) Wrote poems in newspapers and magazines about child & women rights.

- 7) Wrote concept notes and organized seminars and activities at provincial level.
- 8) Prepare press releases.
- 9) Poetry book on child and women rights is near to publish.
- 10) Writing scripts for radio program and TV reels.
- 11) Conducted radio programs with MPA's and EDO's and youth.etc.

TRAININGS ATTENDED:

- 1) Social Mobilization, GODH Lahore
- 2) CCCD, Plan Pakistan Chakwal
- 3) CP, GODH Chakwal
- 4) TOT, Bamboo Shoots Plan Pakistan
- 5) TOT *MeriHifazat* (Child Protection), By Sahil Islamabad
- 6) Women and Children Rights PODA
- 7) How to Talk About Sexuality—By Group Development Acting for Life
- 8) Three days training workshop on creative writings by CRD, Chakwal
- 9) Anti Sexual Harassment Laws. By MehrGarh a center for learning.
- 10) Para counseling—By Group Development Acting for Life
- 11) Workshop on Involving Children in CRC Monitoring and Reporting
- 12) Birth Registration. By UNICEF and Local Government.
- 13) Citizens Voice and Accountability.
- 14) Right to information Article 19A Constitutional of Pakistan.
- 15) Human Rights in Islam.
- 16) International treaties on Human Rights.

DELIVERED TRAININGS :

- Child protection.
- CCCD(Child Centered Community Development Approach)
- TOT bamboo shoots (child participation).
- Legal empowerment training to women. (Islamabad, Chakwal ,rawalpindi) on special contract with PODA.
- Anti-sexual harassment law.
- Citizens Voice and Accountability.
- Right to Information

Developed Linkages:

- 1) Data collection for institution mapping of NGOs in Pakistan.
- 2) Good rapport with provincial offices of Education, Health, and Social Welfare, Press Clubs, Civil Society and District Bar Chakwal.
- 3) Formation of Child Protection Committee (CPC) of Medical Rap/ Doctors.
- 4) CPC of Journalists.

ACADEMIC QUALIFICATIONS:

- **L.L.B.** **2012**
- University of the Punjab, Lahore

- **Bachelor of Arts** **2008**
University of the Punjab, Lahore
- **Faculty of Arts** **2006**
Board of Intermediate & Secondary Education Rawalpindi.
- **Matriculation** **2002**
Board of Intermediate & Secondary Education Rawalpindi

COMPUTER SKILLS:

- Diploma in AutoCAD Architecture.
- Diploma in Building Estimation from Skills Development Council Govt. of Punjab. Diploma in Adobe Photoshop and Corel Draw.
- Diploma in Adobe Photoshop and Corel Draw.
- MS Excel
- MS Power Point
- Inpage (Urdu)
- Inter Explorer including effective use of Internet and Email.
- Proficiency in Inpage Programme
- Work in Graphic Designing
- Expert in Modification of AutoCAD Drawings.

TALENT

- **Current Affairs**
- **Human Rights**

LANGUAGES:

- Urdu
- English
- Regional Punjabi
- Functional Pushto

PERSONAL:

Father's Name	:	Advocate Ch. Abdur Rasool
D.O.B.	:	August 29, 1984
NIC No	:	37201-8179577-1
Religion	:	Islam
Domicile	:	Chakwal (Punjab)
Marital Status	:	Married

REFERENCES:

Shall be provided on demand.